



American Association of University Women

Capital News!

AAUW Capital (NV) Branch

November 2018

Visit our website at <http://capital-nv.aauw.net/> Contact us at aauwcapbr@gmail.com

AAUW Mission:

To advance gender equity for women and girls through research, education, and advocacy.

Read all about it!

Calendar	5
CTE @ CHS	2
Interest Groups	3
Membership	3
Pecans	2
Pecan order form	6
Public Policy	4
Your Board	5

President's Message

by Caroline Punches

FALL IS HERE!!

Don't you love just love fall? I do! I really enjoy the colorful fall foliage, cooler days, brisk evenings, pecan sales, and elections! I was glad to see so many of you at the Candidate/Issue Forums that AAUW co-sponsored with League of Women Voters, Sierra Nevada Forums, PFLAG, Partnership Carson City and the Carson City Arts & Culture Coalition. And a special thanks to those who helped at our AAUW information table.

I am looking forward to seeing you at our next meeting on **Tuesday, November 6th**. Yes, it is election day! But I am sure you will have voted before coming to our meeting. And like many of us, you will have taken advantage of "early voting." Again, doors will open at 5:00PM with the program beginning at 5:30PM. Again, a meal will not be available, so please bring a snack if you want. A short business meeting will follow the program.

And, we have a special treat this month! As many of you know, Nancy Stiles will be leaving Nevada in 2019 to return to her native Texas. In addition to her passions for public policy and also decorating, Nancy really enjoys doing presentations and sharing information. Her program, "Silent Signals," will help us become more conscious of our nonverbal messages.

And, of course, fall means pecan sales!! Proceeds from our pecan sales are used to fund local scholarships, national fellowships and grants as well as local community programs such as AAUW Work Smart.

See you on Tuesday, November 6th!

NOVEMBER PROGRAM

Silent Signals

We form opinions of one another within seven seconds of meeting and 93% of the messages people receive from us have nothing to do with what we actually say. Why? People watch your body language before they listen to what you say. Recent brain research helps us understand our conscious and unconscious actions and reactions, and an increased understanding gives us an advantage in making connections. A necessary part of leadership skills is the ability to be aware of, regulate, and control one's nonverbal behavior or body language. Our November program, Silent Signals, can help you be more trusting of your impressions, and be more confident in yourself and your ability to interact with others.

Membership Meeting RSVPs

RSVPs help us set up the Ormsby room for our meetings. Just RSVP to Susan Schmid via email at susan@tetoneditorial.com by the Thursday before the meeting (November 1) - She will send out an email with the names of all who RSVP'd - if your name is not there - another chance to RSVP! Then she sends a final list of attendees to Caroline Punches, President and Iris Blaisdell, Membership Chair. You can also call her at 775-790-6272, but she does prefer email.



CAREER & TECHNICAL EDUCATION (CTE)

by Caroline Punches

Our October meeting speakers, Amy Freismidl and Candi Ruf, provided an overview of the very expansive CTE program provided through Carson High School. The number of opportunities for young people to pursue is amazing!

On Wednesday, October 10th, Shirley Hammon, JoAnn Carpenter, Nancy Stiles and I took advantage of the CTE tour provided by Amy and Candi. Superintendent, Richard Stokes, joined us for a good portion of the tour as well. It was reiterated that Carson High has a student enrollment of approximately 2300 students, 1800 of whom are enrolled in at least one CTE class.

We were able to observe an Engineering lab, a Photography class in session, Health Sciences class being trained in CPR, Culinary Arts lab making pies, a



Photos courtesy of Caroline Punches.



Hydroponics lab, and the Media and Web-design labs. And more! Shirley, JoAnn, Nancy and I agreed that this was nothing like our high school experiences. We also explored a number of

additional ways AAUW may be able to collaborate with Carson High and the students. Exciting times and opportunities!

Employment Forecast for next 10 years:*

- 1 job will require at least a bachelor's degree
- 2 jobs will require at least an associate's degree
- 7 jobs will require some type of industry certification

*Stats from the October 2nd meeting!

SAVE THE DATE!

Holiday Gathering – December 11th – 6:00PM



at the home of Mary & Joe Wilson. Bring your favorite sweet or savory appetizer to share. More details will be coming.

Kind words can be short and easy to speak
but their echoes are truly endless.

Mother Teresa

Pecans, Pecans, Pecans!

By Carolyn Kellogg, Pecan Sales Chair

It's that great time, pecan sales! With your great help let's make this the best ever sales year. Shirley has agreed to use her home as the pick-up destination for our orders. Thank you, Shirley.

We will have this year's delicious fresh pecans from the Schermer Pecan Company in Georgia: the Fancy Mammoth Halves, Dark Chocolate, Chocolate Covered, Carmel Clusters and Cinnamon Glazed for \$12 each this year. The halves may be frozen and are guaranteed to remain fresh by the Schermer Pecan Company for up to 2 years when frozen. The specialty pecans are attractively packaged and make the perfect holiday treat for friends and family. Contact everyone you know and get their orders. The pecans should be shipped by the end of October.

The Carson High School Craft Fair on Friday, November 16 from 5-8 pm and Saturday, November 17 from 10 am-4 pm. The shifts are filled but it would be great to have a few people for back-up. If you would be available, please call me at 461-3320 or e-mail cnflakes@ymail.com or aauwcapi-talpecans@gmail.com

The pecan sale is one of our two major fund raisers. We usually make a profit of \$3500-\$4000 when all pecans are sold. The profits are to support local high school and WNC scholarships as well as AAUW Fellowship programs. Let us make this a banner year as a tribute to Shirley! Pecans should be available for the November AAUW meeting and call me or e-mail for advance orders.

Good selling!





Interest Groups

by Diane Koditek



Gourmet Group:

A group of 12 met for Oktoberfest at the home of Barbara and Dick Kuehner, co-hosted by Jane Johnson. A new plan this year is for the co-hostesses to plan the menu and email individual recipes to each member who then makes and brings their assigned dish. The first effort was a great success, with delicious gourmet results. The next dinner will be November 2 at Sue Knight's home, co-hosted by Diane Koditek. For questions about gourmet group, please contact Nancy Bailey: 775-461-3311 or email:

nmbailey95@gmail.com

Great Decisions:

The group completed discussion of the final chapter from the Foreign Policy Association resource manual during October. Group Chair JoAnn Carpenter will notify current group members and newer members who've expressed interest in joining the group in 2019 when new resource manuals have been received. The next meeting is anticipated in early 2019.

AAUW Capital Branch also invites members who are interested in participating in an **evening or Saturday Great Decisions Group** to notify JoAnn. If there is sufficient interest, a new group will be initiated. E mail:

jac78x@gmail.com or call 775-297-3889.

Evening Book Group:

The group will meet next on Thursday, November 15 at 6:30 PM at the home of Zee McClintock. If attending, please RSVP to Zee 775-884-3565 or email

edzeemcc@gmail.com. The group will be discussing *The Restless Wave* by John McCain and Mark Salter. For questions about the group, please contact Jane Johnson 775-267-3427 or email jane3491@charter.net.

Daytime Book Group:

The group will meet on Friday, November 16 from 2 to 4 PM at a location to be determined. Janyce Stern will lead the discussion regarding *The Valley of Amazement* by Amy Tan. For additional information please contact Cindy:

cindywhite@nevadawordsmith.com or call 775-267-3685.

Knitting:

The knitting group meets on the second and fourth Tuesdays of each month from 1 to 3 PM. In November, meetings are on the 13th and 27th. All skill levels are welcome! Come join us as we knit and purl, making some exquisite fabrics. Please contact Zee McClintock for additional information: edzeemcc@gmail.com or call 775-884-3565.

Informal Luncheon:

Come join us in November for good conversation and food on the 13th at 11:30 AM. A reminder message will be sent in early November with location details. Please RSVP to Diane Koditek by 11/9; e mail dgk@mchsi.com or call 661-304-8743.

Membership

By Iris Blaisdell, Membership Chair

AAUW Capital Branch welcomes our newest member, Martha Betcher. Martha joined AAUW partly because her mother was a lifelong member and partly because her sister is a member and very active in promoting science for women. As a graduate of the Cal State Fresno in microbiology and chemistry, she also is interested in science and would like to promote science for young women here and science camp for girls.

She is the daughter of a turkey farmer in Escalon, CA, and a graduate of Escalon High School. As a microbiology and chemistry graduate she has worked at several levels in medical lab testing including a year in Yosemite.

Martha returned to the University of Nevada, Reno where she got her education credential and went on to teach math and science at Carson Middle School. Later she returned to school again to get her credential in library science. This enabled her to be the librarian at Carson Valley Middle School for seventeen years from which position she has just retired.

Her husband, whom she met in 1996, was a rafting guide, so needless to say she enjoys outdoor activities such as riding a bicycle and hiking. She has one daughter.

Another of our new members, Mary Kay Doherty, was born and raised in Chicago until the third grade whereupon she moved to Tonopah, NV for the rest of grade school. Seventh through tenth grades were completed in Carson City, which at the time only had a few thousand people. She finished high school at Presentation HS in San Francisco and went on to major in journalism at the University of Washington, graduating in 1983 after she had taken time out to get married to a lovely man from Ireland.

Mary Kay spent fifteen years in Seattle and spent some time in Bad Kreuznach, in the German Rhineland-Palatinate, working for the *Stars and Stripes* military newspaper. Eventually, she returned to Carson City twenty years ago.

She joined AAUW originally in Tacoma, Washington, but she let her membership lapse. Since she loves to play bridge with her AAUW friends and likes the book club, she decided to rejoin this year. Mary Kay enjoys meeting new people and thought AAUW would be a good way to do that, especially as she agrees with the AAUW mission statement.

Our final interview for this newsletter is with Dorothea Taylor, a native of Nevada, born in Reno. She lived one year in Guatemala and one year in San Francisco; other than that she has resided in Nevada. After completing a business degree at UNR and a teaching certificate from UNLV, she taught business subjects at

(Cont'd on page 4)



Public Policy

by AAUW State Program Chair, Nancy Stiles

"AAUW denounces the Senate's vote to confirm Judge Kavanaugh to a seat on the Supreme Court. The integrity of the Court, which has the final say on the health, education, and economic security of women and girls, will be forever altered by the confirmation of a Justice rushed through a partisan process." Kim Churches, AAUW CEO. See full statement on AAUW website.

What's done is done, so what next? Women's Votes!! The most powerful way to have our voices heard is at the polls! Between now and Election Day, let's start conversations about the issues that affect our families and communities. We need to ask tough questions, start the discussion, and determine where our candidates stand. Our branch involvement in the candidate forums with the League of Women Voters was a good beginning, but it can continue up until Election Day, Nov. 6.

Now we need to be asking the question, "Are you voting?". Elections are determined by voter turnout, and when women vote, we change the conversation. We create real change at the polls. Early voting starts Oct. 20.

AAUW Action Fund has released helpful resources for the 2018 election. Visit the AAUW website, www.aauw.org to access the AAUW Action Fund Voter Issue Guide and the AAUW Action Fund Congressional Voting Record with information on federal legislators' votes cast and bills they co-sponsored. You'll find survey results on seven AAUW issues: 1) pay equity legislation 2) paid leave policies 3) access to affordable family planning 4) improve minimum wage 5) policies for affordable child care 6) more funding for CHIP & Medicaid and 7) empowering misconduct harassment victims to seek justice. Of the six legislators representing Nevada, four responded with 100% support, and two with 0% support on the above issues.

Two other helpful nonpartisan websites are: www.votesmart.org and the League of Women Voters' website, www.vote411.org, and for info on local and state candidates go to www.ballotready.org.

One More Thing...

The Department of Education is expected to propose new rules that would significantly change Title IX protections for victims of sexual harassment and

assault in schools. The announcement is imminent, so we need all hands on deck to fight back.

Plain and simple: students should be able to go to school free from sex discrimination. But U.S. Secretary of Education Betsy DeVos has already taken action to roll back protections for survivors of sexual assault under the law. The Department of Education has stated that it plans to change Title IX's regulations, which could weaken students' civil rights and federal enforcement of Title IX. And they've indicated the process could start as early as this month.



Enjoying a lively and delicious lunch at Adele's



Photos courtesy of Sue Knight

Membership (cont'd from page 3)

Wooster High School in Reno. However, her favorite job was as a controller at a hotel-casino in Wendover. She currently works for a financial planner in Reno.

In 1980 Dorothea joined AAUW Reno because she was looking for like-minded women. While in the Reno group she served as Membership Chair, Treasurer, and State Treasurer. When she moved to Wendover she discontinued her membership and rejoined in 2014.

Her hobbies include sewing, cooking, playing bridge, and pouring paint. Dorothea lives next door to her daughter on the Silver Oaks Golf Course in Carson. She says, "Life in Carson City is good, easy and fun."



November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 RSVP for Branch Mtg	2 Gourmet Group	3
4	5	6 Branch Mtg 5 PM	7	8	9	10
11	12	13 Informal Lunch 11:30 Knitting 1-3	14	15 Book Group 6:30 PM	16 Book Group 2-4, & CHS Fair pecan sales	17 CHS Fair pecan sales
18	19	20	21	22 	23	24
25	26	27 Knitting 1-3 PM	28	29	30	

Your 2018-2019 Board

President — Caroline PUNCHES, 775-246-1850
 Membership VP — Iris Blaisdell 775-392-1772
 Program Co-Vice Presidents — JoAnn Carpenter 775-297-3889 and Judy Welch 775-721-1731
 Secretaries, Co-Recording — Marty McGarry 775-690-3913 and Lynne Ballatore 775-246-3870
 Secretary, Corresponding — Shirley Williams, 775-386-8787
 Treasurer — Barbara LeBlanc, 775-781-4956

Reminder:

Any AAUW Capital Branch member may suggest a community event that she believes would be interesting to participate in. Please email suggestions for the coming month to Diane Koditek, dgk@mchsi.com. Suggested activities will be posted in the newsletter in the Bulletin Board section.





Dear Friends,

I am a member of the American Association of University Women (AAUW) and, as a fund-raising project every year we sell pecans. The pecans are from the Schermer Pecan Company in Georgia and they are this year's crop. Profits from the sale of the pecans are used to underwrite local scholarships for high school girls and continuing WNC women, the AAUW National Fellowship program, and other local community projects.

We have several choices of the delicious 2018 fresh pecans from the Schermer Pecan Company: the Fancy Mammoth Halves, Dark Chocolate, Chocolate Covered, Carmel Clusters and Cinnamon Glazed for \$12 each this year. The halves may be frozen and are guaranteed by the company to remain fresh for up to 2 years when frozen. The specialty pecans are attractively packaged and make the perfect holiday treat for friends and family. Contact everyone you know and get their orders.

I would appreciate taking your orders, and I will collect your money when I deliver them or you may pay for them by check along with your order.

You may email your orders to me at the email address or phone me at the number given below, or you may print this form and give it to me when you see me:

<u>Product</u>	<u>No. of Pkg.</u>	<u>Price</u>	<u>Total</u>
Plain Pecan Halves	_____	\$12.00	_____
Chocolate	_____	\$12.00	_____
Cinnamon Glazed	_____	\$12.00	_____
Dark Chocolate	_____	\$12.00	_____
Clusters	_____	\$12.00	_____
Total of Order			_____

Your Telephone # _____

Thank you very much.

Carolyn Kellogg, Pecan Sales Chair
AAUW Capital (NV) Branch

Sales person: _____

Contact phone: _____

Email address: _____