



Capital News!

AAUW Capital (NV) Branch

March 2018

Visit our website at <http://capital-nv.aauw.net/> Contact us at aauwcapbr@gmail.com

AAUW Mission:
 Advancing equity
 for women and girls
 through advocacy,
 education,
 philanthropy, and
 research.

President's Message

by Caroline Punches

WOW!! Our 19th Feast of Chocolate results exceeded expectations! Another successful event!

THANKS to all of YOU who attended and or volunteered!

Flo and Susan – thanks for co-chairing once again. AND Nancy Stiles – what would we do without your festive décor AND basket guidance. Jane Johnson – thanks for the detailed tracking of tickets. Looking forward to the 20th in 2019!

Speaking of membership meetings, some of you have indicated that you are confused about our meeting start time. You are encouraged to arrive around 5:00PM to allow time for checking in and socializing with others. The meeting is scheduled to begin at 5:30PM. But, please bear with us – if dinner is delivered earlier, we do make every effort to serve while it is hot.

And, I would be remiss if I did not remind you once again to make sure to **RSVP** to Louise Seidel (775-885-0269) or elseidel@gmail.com. She needs to hear from you by noon on March 5th regarding your attendance and whether you want a meal!

Looking forward to seeing everyone on March 6th!



March Program

By Judy Welch, Program Vice President

Join us on Tuesday, March 6th and see how AAUW is helping to address the wage gap. Both Jennifer Verive and Peggy Wozniak are members of the AAUW Capital (NV) Branch and are trained facilitators. As Jennifer pointed out in a recent communication, "AAUW's Work Smart is a quick, cost-effective, and proven tactic for reducing the pay gap. The material is easily digestible. Research on our workshops shows a 150% improvement in skills and 91% improvement in confidence to negotiate. These workshops are not "talk"; they are effective action that directly begins to close the wage gap, NOW!"

OUR Capital Branch has sponsored two of these workshops and another is planned on April 28th (see box below). This is one of our branch's community programs and is provided at NO charge to participants. Come on March 6th and learn how YOU can help fill up the workshop!

Work Smart Results

by Jennifer Verive

The October 2017 AAUW Work Smart workshop results are in! Our October attendees were a high-powered group of professional women (65% of attendees had an MA). Yet, even this group of workplace savvy women showed over 100% change in many negotiation skills and as well as a 50% change in confidence to negotiate. And, like the April 2017 workshop, 100% of attendees credited attending the Work Smart workshop with having a highly positive impact on their ability to negotiate for salary. Work Smart works!

Branch Meeting

March 6, 2018

5 PM

911 E Musser

Carson City

RSVP to Louise at

885-0269 or

elseidel@gmail.com

by noon on March 5.

We need to know YES or

NO, meal or not.

Read all about it!

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Our next Work Smart workshop is Saturday, April 28 @ 10 to 12:30 am (refreshments at 9:30 am) at the Sheriff's Office. We have 4 seats reserved for AAUW members, so please email Jennifer.Verive@wnc.edu if anyone is interested.

Scholarship Recipients

By Mary Piper, Scholarship Chair

How are our Scholarship Recipients doing?

The 2017-18 High School Scholarship Recipients are off and running! I am happily and enthusiastically sharing their stories as first year students at UNR. I do so because that is how they expressed their first semester experience (in emails) to me.

Menen Ashagrie found that she had to adjust her study habits and to study even harder as she was taking second-level courses due to her "JumpStart" Program from CHS/WNC. She took 15 credits last semester and is taking 15 this semester, several related to her major (Neuroscience). She found Human Development and Family studies class particularly interesting. This was because it mixed life science, psychology and social science in its curriculum. Her goal remains to attend Medical School at UNR.

I had asked her about her social life..."do you have time for any?" Her response was, "I am making lots of great friends with fields of studies that are similar to or the same as mine. I am truly enjoying my time here at UNR."

Jiavanna Wong-Fortunato says, "UNR has been great so far!" She writes that one of her favorite clubs/organizations is Medlife (aka Medicine, Education and Development for Low Income Families Everywhere). Jia traveled to Lima, Peru with this group during Winter break. (check out a blog she and her friends did <https://youtu.be/YljHtyYInmA>)

She looks forward to serving as an Ambassador for her college (Agriculture, Biotechnology and Natural Resources), one of the colleges within UNR. She is working closely with the Medical School Student Outreach Clinic as a volunteer which supports her interest in attending Medical School. She has added Spanish as a minor.

As for social time, Jia says, "High school prepared me, but classes have still been tough. But, all of the other activities at UNR allow for a lot of time for relaxing and meeting new people." To further quote Jia, "A lot of people ask me what I do for fun and for a social life, but each of these events and organizations is where the fun is for me!"

Each of these students has maintained excellent grades for the Fall Semester. We wish them continued success in their studies and in life.

So, stay tuned for the next episode of: "How are our Scholarship Recipients doing?"

Visit our Capital Branch website at

<http://capital-nv.aauw.net/>



Transitions...

Joe W. Hammon, beloved husband of Shirley Hammon for 62 years, passed away peacefully on February 9th surrounded by his family. A Celebration of Life will be held on Saturday, March 3rd at 11:00AM at the Methodist Church. Our sincere condolences to Shirley and her family.

Feast of Chocolate

By Flo Bedrosian, FOC Co-Chair

The final numbers are in and the 2018 Feast of Chocolate was even more successful than preliminarily reported. The chocolate was delicious and plentiful, the mood was fun and festive and the total profit from the event was \$4,294, the most ever raised in the 19 year history of the Feast of Chocolate! Amazing job everyone!

As previously reported the event was once again sold out through advance ticket sales to fill the room's capacity of 200 persons. Members donated money to the event directly and others donated items for gift baskets or entire baskets to raise additional money through the raffle and silent auction. Thank you Nancy Stiles for your leadership regarding the raffle/auction.

It took the collective action of our membership to make this happen. Thank you to all that participated whether it was from behind the scenes or those that were out in front. Sue Klekar, I would not have done this without you as co-chair. Jane Johnson, thank you for your ticket sales leadership. Thank you President Caroline Panches for being the voice of the event. Again, great job everyone!

The funds will be used to further the AAUW mission of advocating equity for women and girls. We will provide local scholarships to girls graduating from high school and to re-entry women at Western Nevada College. Additionally, the funds will support the AAUW Educational Opportunities Fund and AAUW programs such as Work Smart.

AAUW Public Policy

By Nancy Stiles, Public Policy Chair

Be a Two Minute Activist

Are you reading your AAUW Washington Updates? Are you participating in the Two Minute Activist? There is so much going on in our nation today that we have no control over, that it is reassuring that there is something we can do. Participating in the Two Minute Activist gives power to our voice in Washington. When our representatives and our senators hear from large numbers, it matters more. If you still haven't signed up for the Two Minute Activist, go to the AAUW.org website and sign up to add your voice to support our public policies.

I am only one, but still, I am one.

I cannot do everything,

But still I can do something,

And because I cannot do everything,

I will not refuse to do the something that I can do.

Membership

By Mary L. Castro-Wilson, Membership Chair

Spring is just around the corner—we are all hoping! As Spring draws closer it will be time to renew your membership with AAUW. I mentioned this in our February newsletter. What I failed to mention is that if you know of a prospective member wishing to join our AAUW Capital (NV) Branch, by joining AFTER March 15, 2018, the \$80.00 dues will be in effect for the member until June, 2019 providing the new member has never been with any other AAUW branch. The dues cover the member for 15 months. Quite a deal! Annual dues notices will be sent to you via email or U.S. postal mail. Our annual dues currently account for 13 percent of National AAUW'S annual budget. Our dues help to sustain and grow AAUW'S programs and work that advances equity for women and girls. A combination of dues, donations, and corporate and foundation funding is critical to supporting AAUW'S salary negotiation workshops, groundbreaking research, advocacy efforts, campus leadership programs and so much more. As we all know, AAUW is "the beacon of light" leading us on the path towards equity for women and girls in today's complex world.

Happy Spring, Happy St. Patrick's Day, and Happy Birthday to all who are celebrating their birthdays this month.

Explore and support women's issues at
<http://www.aauw.org/>

State Convention

by AAUW State Program Chair, Nancy Stiles

Plans for our state convention in Fallon, May 4-6, are falling into place nicely. National AAUW is providing us with a speaker who is part of the AAUW Board of Directors, Joanna Amberger. Joanna is a certified financial planner and the founder of 3 Financial Group, an independent financial services firm with offices in Hawaii and California. She developed her business model around empowering women by helping them take control of their financial futures and devotes personal time advocating for women's issues. Joanna is the president of the AAUW Honolulu (HI) Branch and sits on the board of directors for Planned Parenthood of the Great Northwest and Hawaiian Islands. She earned her undergraduate degree from the University of Illinois, Urbana-Champaign, and her MBA from the University of Hawaii, Manoa. We are extremely fortunate that Joanna is willing to make the trip from Hawaii to speak to us. For those of you who have made that trip, you know that it is a long, arduous trip. Hopefully, a large attendance at our state convention will make her feel it was worth the discomfort.

Joanna will be sharing the AAUW strategic plan with us that is presently being determined by our AAUW officers and board of directors in Washington. She is an example of empowering women in her business, and will add value to our discussion of leadership skills and challenges. Having Joanna as our keynote speaker is reason enough to attend the convention, but we've added other reasons as well. We have an array of delightful workshops to offer that will enhance your leadership skills and your lives in general. Several of our Capital Branch members will be presenting: Peggy Wozinak, Jennifer Verive, and Nancy Stiles, along with Kit Pandergast, a career coach, and Robbyn Tolles, a UNR Professor.

More details will be given in our next newsletter, but for now – Save the Date and watch for Eventbrite coming April 1st for registration.

**PLEASE!!
NOTE**

Janice Flanagan, President of Nevada AAUW, will be attending our March Meeting. As state president, she is hoping to visit all branches in Nevada. As she notes in her bio which appears in the Spring Edition of **The Sage Hen**, she found a home in AAUW, advocating for issues important to women. Please come and welcome her!

Interest Groups

by Diane Koditek

Gourmet Group:

The Gourmet Group enjoyed celebrating an early Valentine's Day February 9 with a dinner at Wally's 1862 Restaurant in Genoa. The weather was sunny, and all attendees enjoyed the sunset by the Carson River. A plus was that we were able to wish Jim Blaisdell a happy 80th birthday! Gourmet Group will meet again on March 9th with Jane Johnson and Beth Mancl co-hosting the evening, which will feature Greek cuisine. Group members will receive an email soon with more details. Call Iris Blaisdell at 775-392-1772 or Nancy Bailey at 775-461-3311 with any questions you may have.

Evening Book Group:

The group is scheduled to meet next on March 15 at 6:30 PM to discuss Joan Didion's book *The Year of Magical Thinking*. Mary Moffitt will host the meeting and lead the discussion. For additional information about the group, please contact Diane Koditek, dgk@mchsi.com or call 661-304-8743.

Daytime Book Group:

The next meeting of this group will be on Friday, March 16 from 2 to 4 PM at a location TBD. The group is reading *The Orphan's Tale* by Pam Jenoff and discussion will be led by JoAnn Carpenter. For additional information, please contact Cindy, cindywhite@nevadawordsmith.com or call 775-267-3685.

Great Decisions:

The Great Decisions Group will meet on Tuesday, March 27 from 1 to 3 PM at Beth Mancl's home. Janice Noble will lead the discussion of chapter 3, "China and America: the new geopolitical equation." Questions about the group? Please contact JoAnn Carpenter, jac78x@gmail.com or call 775-297-3889.

Knitting Group:

The group meets on the 2nd and 4th Tuesdays of the month at 1:00 PM. In March, that's the 13th and 27th. Per Zee McClintock, "We'll meet at my home. Welcome to everyone." For more details, please contact Zee, 775-884-3565 or edzeemcc@gmail.com

Informal Luncheon:

The March luncheon will take place on Wednesday, March 21 at 11:30 AM at San Marcos Grill, 250 East Winnie Ln. in Carson City. All are invited to join in the fun! Newer members are especially encouraged to come and get better acquainted. Please RSVP to Diane Koditek, dgk@mchsi.com or call 661-304-8743 by March 16th.

Questions? Answers!

by Caroline Punches

LOCAL SCHOLARSHIPS

Question: What local scholarships are provided by the Capital (NV) Branch?

Answer: We have typically provided at least two \$1000 scholarships to graduating high school senior girls. The number for 2018-19FY will be determined at the April Business Meeting.

Question: How do graduating seniors find out about our scholarships?

Answer: Application packets are delivered to the counselors at local High Schools. AND information is posted on our website - <https://capital-nv.aauw.net/scholarships/>

Question: What are the screening deadlines and volunteer screener requirements?

Answer: Completed applications are due by April 13, 2018. Applications will be screened by AAUW volunteers. **Sign up at the March 6 Meeting! Mary Piper will be circulating a sign-up sheet!**

BRANCH MEETING RESERVATIONS

Question: Why are reservations required if I do not want a meal?

Answer: Tables and chairs are rearranged to allow for more socializing and exchange of information. We want to make sure everyone has a seat with a group.

Question: Why do I have to make my meal reservation by the Friday before the meeting?

Answer: Confirmation of the number of meals **must be given to the caterer.**

Question: Do I have to pay for my meal if I cannot make it to the meeting (sickness or change of plans)?

Answer: YES! According to our branch policies and procedures, the member is responsible for the meal reservation. You may receive an invoice for payment if you did not cancel before the reservation deadline.

Question: May I get a meal without a reservation?

Answer: If extra food is available, you may pay at the door. But this option is only available after all those with reservations have been served.

"An optimist is one who sees opportunity in every difficulty. A pessimist is one who sees difficulty in every opportunity." ~L.P. Jacks, Educator

LAST CHANCE!!!!!!

We have 6 bags of delicious pecan halves just for you.

Call Carolyn, 775-461-3320



March 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6 Branch Meeting 5PM	7	8	9 Gourmet Group	10
11	12	13 Board Meeting 1PM Knitting 1 PM	14	15 Book Group 6:30	16 Book Group 2-4 PM	17 
18	19	20	21 Informal Luncheon 11:30 AM	22	23	24
25	26	27 Great Decisions 1-3 Knitting 1 PM	28	29	30	31 

Your 2017-2018 Board

President — Caroline Punches, 246-1850
 Membership VP — Mary Wilson, 775-885-7573
 or 775-721-5124
 Program Co-Vice Presidents — Marty McGarry
 775-690-3913 and Judy Welch 775-721-1731
 Secretaries, Co-Recording — JoAnn Carpenter
 775-297-3889 and Lynne Ballatore 775-246-3870
 Secretary, Corresponding — Shirley Williams,
 775-386-8787
 Treasurer — Barbara LeBlanc, 775-781-4956
 Newsletter & Website — Lin Nary, 775-230-9676

Reminder: Any AAUW Capital Branch member may suggest a community event that she believes would be interesting to participate in. Please email suggestions for the coming month to Diane Koditek, dgk@mchsi.com. Suggested activities will be posted in the newsletter in the Bulletin Board section.